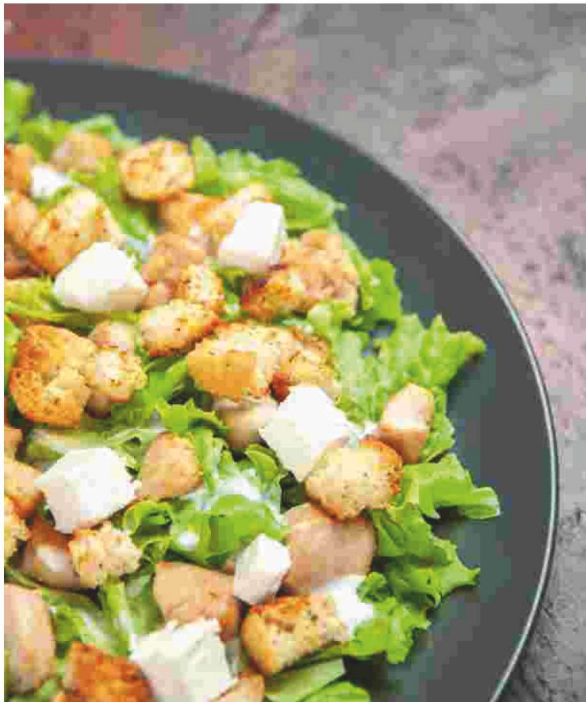


STARTERS

Couvert	5,50 €
Bread, butter, tuna patê & olives	
Vegetable Soup	5,00 €
Avocado with Smoked Ham	11,00 €
Topped with a mango vinaigrette	
Melon Sprinkled with Crispy Smoked Ham and Port wine Reduction	11,00 €
Smoked Salmon	14,90 €
Served with Philadelphia cheese & seeds crumble	
Guacamole Bruschetta	9,50 €
Guacamole, smoked ham & egg	
Hummus Dip	8,00 €
Goat's Cheese, Honey and Almond Crostini	9,90 €
Garlic Bread	6,50 €
Garlic Bread with Cheese	8,00 €



SALADS

Caesar Salad with Chicken	17,50 €
Caprese Salad "La Bistro"	16,90 €
Mozzarella cheese, orange, almonds, cherry tomato & pesto sauce	
Prawn Salad	18,50 €
Prawns avocado, egg, crunchy bacon & topped with cocktail sauce	
Vegetarian Caesar Salad	17,50 €
Grilled tofu, croutons and cashew vinaigrette	
Green Salad	15,00 €
Avocado, green apple, edamame, seed granola and mango vinaigrette	
Tuna Salad	17,50 €
Lettuce, vegetables, tuna, onion & egg	

PASTAS

Tagliatelle "Colina"	19,00 €
Beef, pesto, garlic & spinach	
"La Bistro" Tagliatelle	21,50 €
Bolognese, bacon, mushrooms, shrimp, cream & pizza dough	
Fusilli Bela	18,90 €
Spinach cream & ricotta	
Spaghetti with Fresh Meatballs & Creamy Sauce	18,50 €
Tricolor fusilli	19,00 €
"Al Pomodoro" with sautéed tofu	



PIZZA

Margarita 13,00 €

Tomato, Mozzarella cheese

Veggie 14,50 €

Tomato, Mozzarella cheese,
grilled courgette,
corn & cherry tomato

Pepperoni 14,50 €

Tomato, Mozzarella cheese
& pepperoni

Bistro 15,90 €

Tomato, Mozzarella cheese,
Brie cheese, caramelized onion,
smoked ham

Toscana 14,50 €

Tomato, Mozzarella cheese,
ham, pineapple & mushrooms

Gamberry 16,00 €

Tomato, Mozzarella cheese,
shrimp, garlic & olive oil

BBQ Chicken 15,50 €

Tomato, Mozzarella cheese,
chicken, caramelized onions
& BBQ sauce

Quattro Formaggi 14,50 €

Tomato, Mozzarella cheese,
Gorgonzola, Emmental,
Grana Padano

Green Pizza 14,90 €

Green pizza base, spinach,
ricotta cheese, Mozzarella
& Parmesan

Pizza Bolognese 15,50 €

Bolognese sauce, mushrooms,
bacon, Mozzarella & oregano



FISH & SEA FOOD

Sea Bream Fillet 21,50 €

Served with basmati rice & sautéed vegetables

"Boavista" Prawns 18,90 €

Creamy coconut sauce, coriander
& turmeric served with basmati rice

Salmon Fillet 22,50 €

Quinoa, green salad & tzatziki sauce

MEAT

Chicken Breast 18,90 €

Served with basmati rice, avocado
& orange salad on a pesto sauce

Sirloin Steak 22,50 €

Flavoured with balsamic cream sauce,
Parmesan, served with fries & salad

"La Bistro" Burger 15,90 €

Beef, Cheddar & caramelized onion

"Surf & Turf" Burger 17,50 €

Beef, bacon, prawn, rocket & cocktail sauce

Chicken Burger 15,90 €

Chicken, goat cheese, caramelized pear & rocket



POKÉ BOWLS

BASE: RICE OR QUINOA

Chicken Love 16,50 €

Chicken breast sautéed
in teriyaki sauce, black beans,
edamame, sweet corn, fermented
vegetables and seed granola

Tofu Life 16,50 €

Coconut milk, crispy tofu
with teriyaki sauce,
edamame, sweet corn,
fermented vegetables,
broccoli and seed granola

Omega Culture 17,50 €

Smoked salmon, avocado,
edamame, sweet corn,
lemon soy sauce, pickles
and fermented vegetables

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Brownie 8,50 €

Served with vanilla ice cream

Mango Mousse 6,50 €

Chocolate Petit Gâteau 8,50 €

Seasonal Fruit 5,50 €

Panna Cotta 6,50 €

With red fruits coulis

Cream Pie with 6,50 €

Almond Crumble

ASK FOR OUR ICE CREAM MENU